

Inspiration sheet

your weekly update of what is happening at St Anne's

SUNDAY SERVICES



This Sunday - 1st March

8.30 am **BCP Holy Communion**
10 am **Lent 2:** Our service of Holy Communion
 with Prayers for Healing and Anointing.

Next Sunday - 8 March

10 am **Lent 3:** We hear from our Reader, Dr Bipasha Choudhury
 this morning at our service of Holy Communion.

SUNDAY SCHOOL runs during the service in church.

**All our services are live streamed; watch via our YouTube
 account 'St Anne, Sale'**

Lent Lunches

We host a Lent Lunch as usual
 on **Sunday 22nd March** in the
 hall following morning worship.
 The Overseas Group are
 organising this to raise funds for
 our contribution to CAP (Sale)
 debt support project.

Coffee and Chat

Our monthly coffee morning in
 church is held on Thursday 12
 March at 10.30 - 12 noon; all
 welcome.

PRAYER & THANKSGIVING

Please email the vicar (alisoncox19@hotmail.com) with your prayer requests. Deadline for inclusion in the Inspiration Sheet is 9 am on Saturday.

For those in any kind of need:

- Doreen Cropper; David and Ruth Getgood, Sheila Bhati, Colin Greene, Chris Lawlor, Darren Armstrong, Eunice Wright, the Revd Julian Heaton, Eunice Wright and Gemma Tingay.

For those who mourn: we pray for the family and friends Jean Roberts whose funeral will take place in church on Thursday 19 March at 12.45 pm.

For CAP (Christians Against Poverty): we pray for those struggling with debt and financial worries; we pray for our project here in Sale and our project worker Funa Joseph who is coming to preach at St Anne's later this month.

For peace: for the conflicts in Sudan, Ukraine and Russia; Gaza and Israel, and Iran.

Clothing for the Homeless: please leave items for men only (we have been asked by the project leaders) and of course, sleeping bags. These items can be left in the church porch (*church open Sundays and Wednesdays from 9.30 - 4 pm in winter*)

**Lent and
Easter** 2026
 Let go, and be open.

On Wednesdays (starting on 25 Feb) at 11 am in the choir vestry, we will be using the Methodist Church Lent bible study for 2026 as we cannot get hold of the Lentwise book by Paula Gooder.

There will also be a Monday morning Lent study group using USPG material 'For Christ is our peace' starting on Monday 23 Feb at 10 am at Margaret Ward's house. Speak to Margaret or Janice if you would like to join in.

VICAR: The Revd Canon Alison Cox
 0161 973 4145;
alisoncox19@hotmail.com
www.salestanne.org

CHURCH WARDEN
 Andrew Egarr (07808 466371)
andrew.egarrcw@gmail.com

EVENTS THIS WEEK:



Monday 2nd March

9.00am **Mindful Mondays:** an hour (9 - 10 am) the start the week with peaceful prayer, bible reflection and a hot drink. Come and join us in the choir vestry; led by Alison.

Tuesday 3rd March

3 pm School assembly
6 pm Eco Group
6.45 pm Choir practice

Wednesday 4 March

10 am Holy Communion
11am Lent bible study

Thursday 5 March

1.30 pm Craft and chat in the hall
7.30 pm The Bible Course in the choir vestry

Friday 6 March

9.15 am Toddler group in the hall

Saturday 7 March

9.30 am Morning Prayer via zoom
(email Alison Cox for access code)

Trafford Youth for Christ

There will be a special 45th anniversary quiz night at The Life Church on Saturday 25 April. Speak to Brian Durham if you want to go along or know more about this charity which St Anne's supports.

LENT AND EASTER 2026

Mothering Sunday - 15 March

Members of the MU will be assemblies posies in church on Saturday 14 March at 10 am.

Guest preacher - 22nd March

Funa Joseph is our new CAP Centre Manager for our joint project in Sale. This will be followed by our Lent Lunch to raise funds towards our contribution for CAP (Sale) project.

Palm Sunday - 29 March

The donkey leads us from the hall to the church to mark the events of the first Palm Sunday in Jerusalem.

HOLY WEEK

Monday 30 March - Musical meditation with Glasshouse Choir at 7 pm

Tuesday 31 March - Stations of the Cross in church at 7 pm

Wednesday 1st April - Tenebrae service of light and stillness in church at 7 pm



Maundy Thursday 2nd April -

Last Supper and Holy Communion with the washing of feet in the hall starting at 6.30 pm



Good Friday 3rd April - Meditation at the Cross at 12 noon in church

Easter Sunday 5 April -

Holy Communion as we celebrate the Risen Christ with us for ever.

Gratitude - Recording our Thanks

Reader Bip writes: Lent is a season where Christians are called to reflect on our lives and seek God through prayer. A large, but often neglected, part of prayer is thanksgiving. Thanking God for who He is, for what he has done, for what he is doing and for walking with us day by day is life giving.

This Lent we will have a 'Wall of Gratitude' displayed at the high altar in church. Please come and prayerfully interact with this, writing down those things we are thankful to God for and in turn realising His abundant daily provision for each of us.