

# Inspiration sheet

your weekly update of what is happening at St Anne's

## SUNDAY SERVICES

### **This Sunday - 22 March**

**10 am**      **Lent 5:** We hear from Funa Joseph this morning at our service of Holy Communion. Funa is the Centre Manager for the CAP project in Sale which we help to fund.

**12 noon**    **Christening:** for Archie Ewart

### **Next Sunday - 29 March**

**10 am**      **Palm Sunday:** We start our worship this morning outside the church hall with a real donkey to mark the events of the first Palm Sunday; we then walk to church for the service of Holy Communion.

**SUNDAY SCHOOL runs during the service in church.**  
**All our services are live streamed; watch via our YouTube account 'St Anne, Sale'**

## Lunch

We host a Lent Lunch as usual on Sunday 22nd March in the hall following morning worship to raise funds for our contribution to CAP (Sale) debt support project. **NO NEED TO BOOK!** Lunch will be a choice of Homemade soups, bread, cheese and fruit. We look forward to seeing you.

## Last Supper Thurs 2nd April

Can you make and bring a Shepherd's Pie for Maundy Thursday? On 2nd April, we gather in the hall for the Last Supper with foot washing and Holy Communion. Please sign up to attend and/or help.

## Flowers for Easter

Pauline is looking forward to decorating our church for Easter; if you would like to contribute to the cost of this year's flowers, please put your donation in an envelope available at the back of church.

## Annual Meeting

**Our Annual Meeting takes place on Sunday 26 April when we receive reports on our activities in 2025.**

## PRAYER & THANKSGIVING

*Please email the vicar ([alisoncox19@hotmail.com](mailto:alisoncox19@hotmail.com)) with prayer requests. Deadline for inclusion in the Inspiration Sheet is 9 am on Saturday.*

### **For those in any kind of need:**

- Doreen Cropper; David and Ruth Getgood, the Revd Dr Colin Greene, Darren Armstrong, Eunice Wright, the Revd Julian Heaton, Allan Pickford, Gemma Tingay and the Archbishop of Canterbury, Sarah Mullally as she prepares for her installation at Canterbury Cathedral on Wednesday.

**For CAP (Christians Against Poverty):** we pray for those struggling with debt and financial worries and especially our project here in Sale.

**For peace:** for the conflicts in Iran, Ukraine and Russia; Gaza and Israel.

**For our land sale:** We pray for the land sale process as our site on Budworth Road - St Francis - is now up for sale after two years of delay; the deadline for receiving bids is Wednesday 22nd April (the proceeds of this land sale will pay for the refurbishing of St Anne's church).

**VICAR:** The Revd Canon Alison Cox  
 0161 973 4145;  
[alisoncox19@hotmail.com](mailto:alisoncox19@hotmail.com)  
[www.salestanne.org](http://www.salestanne.org)

**CHURCH WARDEN**  
 Andrew Egarr (07808 466371)  
[andrew.egarrcw@gmail.com](mailto:andrew.egarrcw@gmail.com)

## EVENTS THIS WEEK:



### Monday 23 March

9.00am Mindful Mondays  
10.30 am school visits

### Tuesday 24 March

3 pm School assembly  
6 pm Eco Group  
6.45 pm Choir practice

### Wednesday 25 March

10 am Holy Communion  
11am Lent bible study

### Thursday 26 March

9.30 am school visits  
1.30 pm Craft and chat in the hall

### Friday 20 March

9.15 am Toddler group in the hall

### Saturday 21 March

9.30 am Morning Prayer via zoom  
(email Alison Cox for access code)

## SUNDAY SCHOOL HELPERS

We are looking to recruit some helpers to support Laura and Shauna as they deliver teaching for children during Sunday morning worship. The number of times you may be asked to assist would be only six times a year. If you are interested, please speak to either Laura or Shauna; many thanks.

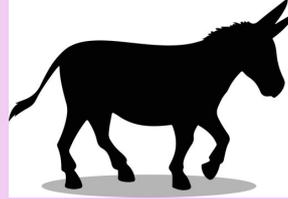
## Clothing for the Homeless

Please leave items for men only (project leaders request) and of course, sleeping bags. These items can be left in the church porch (church open Sundays and Wednesdays 9.30 - 4 pm in winter)

## LENT AND EASTER 2026

### Guest preacher - 22nd March

Funa Joseph is our new CAP Centre Manager for our joint project in Sale. This will be followed by our Lent Lunch to raise funds towards our contribution for CAP (Sale) project.



### Palm Sunday - 29 March

The donkey leads us from the hall to the church to mark the events of the first Palm Sunday in Jerusalem.

## HOLY WEEK

**Monday 30 March** - Musical meditation with Glasshouse Choir at 7 pm

**Tuesday 31 March** - Stations of the Cross in church at 7 pm

**Wednesday 1st April** - Tenebrae service of light and stillness in church at 7 pm



### Maundy Thursday 2nd April -

Last Supper and Holy Communion with the washing of feet in the hall starting at 6.30 pm



**Good Friday 3rd April** - Meditation at the Cross at 12 noon in church

### Easter Sunday 5 April -

**Holy Communion as we celebrate the Risen Christ with us for ever.**

## Gratitude - Recording our Thanks

*Reader Bip writes:* Lent is a season where Christians are called to reflect on our lives and seek God through prayer. This Lent we will have a 'Wall of Gratitude' displayed at the high altar in church. Please come and prayerfully interact with this, writing down those things we are thankful to God for and in turn realising His abundant daily provision for each of us.

## Trafford Youth for Christ

There will be a special 45th anniversary quiz night at The Life Church on Saturday 25 April. Speak to Brian Durham if you want to go along or know more about this charity which St Anne's supports.