

# Inspiration sheet

your weekly update of what is happening at St Anne's

## SUNDAY SERVICES

### This Sunday - 22 February

**10 am**      **Lent:** The first Sunday of Lent we welcome guest preacher the Revd Dr Lisa Redfern to our service of Communion.

### Next Sunday - 1st March

**8.30 am**      **BCP Holy Communion**

**10 am**      **Lent 2:** Our service of Holy Communion with Prayers for Healing and Anointing.

SUNDAY SCHOOL runs during the service in church.

**All our services are live streamed; watch via our YouTube account 'St Anne, Sale'**

## Lent Lunches

We host a Lent Lunch as usual on **Sunday 22nd March** in the hall following morning worship.

The Overseas Group are organising this to raise funds for our contribution to CAP (Sale) debt support project. Please speak to Janice if you can provide soup or are willing to help in the kitchen that day.

## PRAYER & THANKSGIVING

Please email the vicar ([alisoncox19@hotmail.com](mailto:alisoncox19@hotmail.com)) with your prayer requests. Deadline for inclusion in the Inspiration Sheet is 9 am on Saturday.

### For those in any kind of need:

- Doreen Cropper; David and Ruth Getgood, Sheila Bhati, Colin Greene, Chris Lawlor, Darren Armstrong, Eunice Wright, the Revd Julian Heaton and Gemma Tingay.

**For those who mourn:** we pray for the family and friends Jean Roberts who died recently.

**For LGBTI+ members of our national church:** we mark with sorrow and sadness the ending of the nine year 'Living in Love and Faith' project at General Synod recently. (St Anne's remains committed to being an inclusive church and offers prayers for same sex couples)

**For peace:** for the conflicts in Venezuela; Sudan, Ukraine and Russia; Gaza and Israel, and Iran and Greenland.

Please send your contributions for the eSpire church magazine to Howard Mason by Tue 24 Feb; this will be a two-month issue (March/April): [howard.mason1@btopenworld.com](mailto:howard.mason1@btopenworld.com). Thanks.

Lent and Easter 2026  
Let go, and be open.

## LENT STUDIES 2026

**On Wednesdays (starting on 25 Feb) at 11 am in the choir vestry, we will be using the Methodist Church Lent bible study for 2026 as we cannot get hold of the Lentwise book by Paula Gooder.**

**There will also be a Monday morning Lent study group using USPG material 'For Christ is our peace' starting on Monday 23 Feb at 10 am at Margaret Ward's house. Speak to Margaret or Janice if you would like to join in.**

**VICAR:** The Revd Canon Alison Cox  
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**CHURCH WARDEN**  
Andrew Egarr (07808 466371)  
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## EVENTS THIS WEEK:



### Monday 23 February

9.00am **Mindful Mondays:** an hour (9 - 10 am) the start the week with peaceful prayer, bible reflection and a hot drink. Come and join us in the choir vestry; led by Alison.

### Tuesday 24 February

3 pm School assembly  
6.45 pm Choir practice  
7 pm PCC meeting at the vicarage (and zoom)

### Wednesday 25 February

10 am Holy Communion  
11am Lent bible study

### Thursday 26 February

1.30 pm Craft and chat in the hall  
7.30 pm The Bible Course in the choir vestry

### Friday 27 February

9.15 am Toddler group in the hall

### Saturday 28 February

9.30 am Morning Prayer via zoom  
(email Alison Cox for access code)

## Gratitude - Recording our Thanks

*Reader Bip writes:* Lent is a season where Christians are called to reflect on our lives and seek God through prayer. A large, but often neglected, part of prayer is thanksgiving. Thanking God for who He is, for what he has done, for what he is doing and for walking with us day by day is life giving.

This Lent we will have a 'Wall of Gratitude' displayed at the high altar in church. Please come and prayerfully interact with this, writing down those things we are thankful to God for and in turn realising His abundant daily provision for each of us.

## LENT AND EASTER 2026

### First Sunday of Lent - 22nd February

Guest preacher: Revd Lisa Redfern

### Mothering Sunday - 15 March

Members of the MU will be assemblies posies in church on Saturday 14 March at 10 am.

### Guest preacher - 22nd March

Funa Joseph is our new CAP Centre Manager for our joint project in Sale. This will be followed by our Lent Lunch to raise funds towards our contribution for CAP (Sale) project.

### Palm Sunday - 29 March

The donkey is booked to lead us from the hall to the church as we remember the events of the first Palm Sunday in Jerusalem.

## HOLY WEEK

**Monday 30 March** - Musical meditation with Glasshouse Choir at 7 pm

**Tuesday 31 March** - Stations of the Cross in church at 7 pm

**Wednesday 1st April** - Tenebrae service of light and stillness in church at 7 pm

### Maundy Thursday 2nd April -

Last Supper and Holy Communion with the washing of feet in the hall starting at 6.30 pm



**Good Friday 3rd April** - Meditation at the Cross at 12 noon in church



**Easter Sunday 5 April - Holy Communion as we celebrate the Risen Christ with us for ever.**