

Harvest Goods - Boaz and Foodbank.

Your Harvest gifts will be much appreciated. Here are lists of goods that are needed and enjoyed by those who need them most. Thank you for your support.

BOAZ - popular and needed items:

Popular items:

Fresh onions, tomatoes, peppers, sweet potatoes, eggs, dates, bananas.

Packets of spices eg cumin, coriander, garam masala, paprika.

Dried Goods

Tinned tomatoes

Beans eg kidney, black eye (not baked beans);

Tea (80 bags) eg English breakfast

Coffee

Sugar

Basmati rice

Long life milk;

Red lentils

Chickpeas

Sunflower oil

Tuna in sunflower oil

Tinned sweetcorn

Salt

Toiletries:

Body cream (moisturiser)
shampoo and conditioner (for men/
women)

shaving foam

deodorant (for men/women)

Toiletry gift sets for men and women

FOODBANK - Need:

TOILETRIES

Eg Shower gel

Shampoo and conditioner

Cordial

Coffee

Biscuits and treats

Custard

Rice/sponge pudding

Tinned fruit

Instant Mash

Tinned ham

Jam

Pet food

Household cleaning items