

christians  
against  
poverty

**CAP**  
debt help

**CAP will help anyone regardless of age, gender, faith or background.**

**The Sale Debt Centre is based at the Life Centre 235 Washway Rd, SALE, M33 4BP. It covers clients within M33 and some M23 postcodes. Please call FREEPHONE 0800 328 0006 or Debbie on 07895 612 711 to book an appointment.**

Christians Against Poverty (CAP) is a national award winning charity that gives **free** debt help to anyone struggling with unmanageable debt. Thousands of people have already been given hope and a solution by getting in touch with us.

We offer **FREE, long term face to face debt counselling provided in client's homes**; free because we receive donations from churches and individuals who want to help people. In Trafford, we provide this service in Sale, Altrincham and Partington. We offer long term holistic support coupled with volunteer befriending support and also practical support such as food shopping, practical tasks, and emotional support is available to all clients.

The service is really in-depth and long term. We contact all the creditors on behalf of the client and negotiate with them, working out a way forward for each person. We deal with banks, councils, credit card companies and payday loan companies every day, gaining their respect. We then support clients as they work their way out of debt, or if the amount is too large, offer insolvency options. **We also offer** a 3 week CAP Money Course: Mon-Wed 8.30am to 4.30pm

Contact details [debbiewalters@capuk.org](mailto:debbiewalters@capuk.org)

Website [CAP \(Christians Against Poverty\)](http://www.capuk.org)

Facebook <https://www.facebook.com/salecapdebtcentre/>